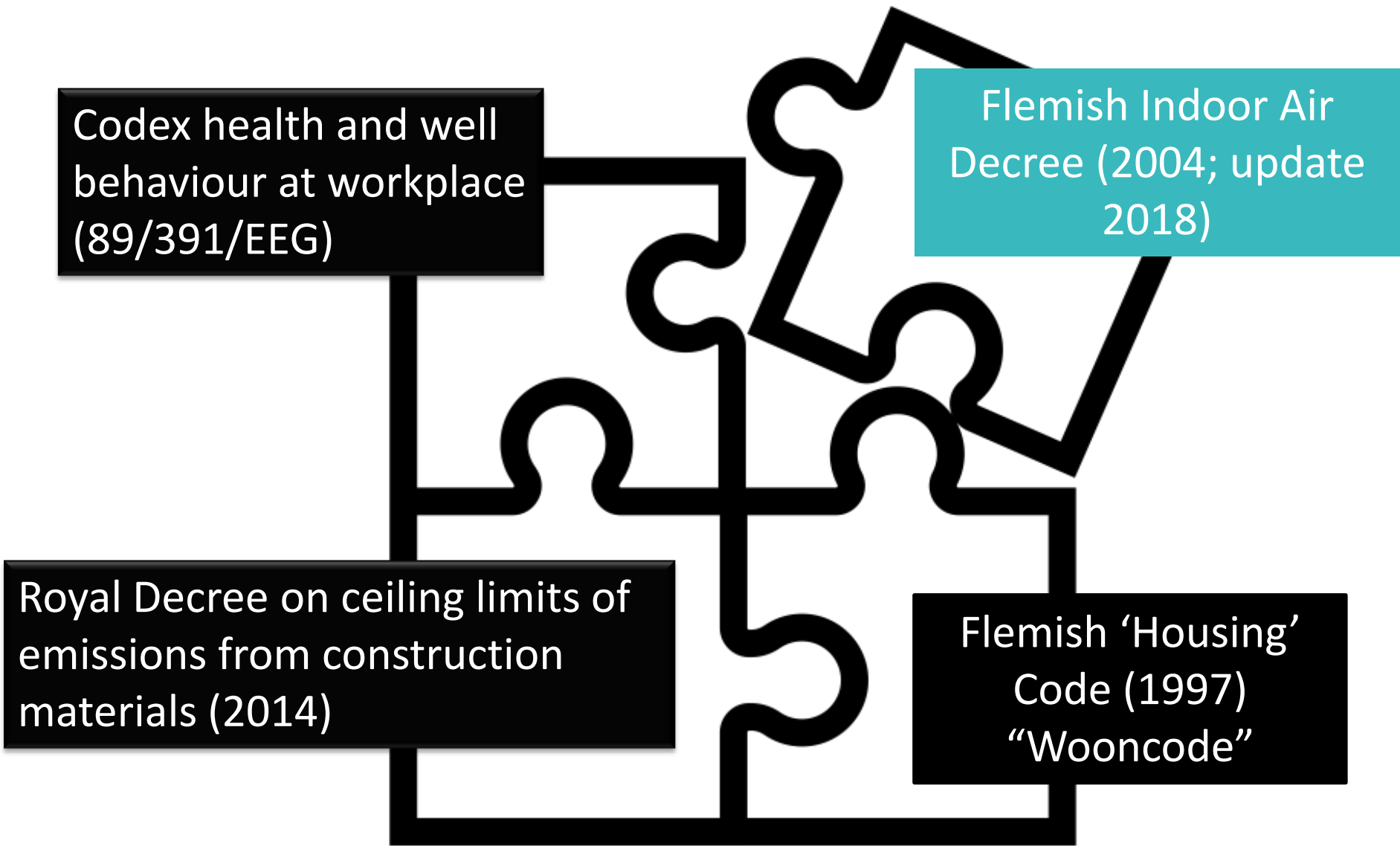


FLEMISH INDOOR AIR DECREE

Katleen De Brouwere, Marianne Stranger, Mirja
Van Holderbeke, Sara Benoy, Bart Bautmans



Codex health and well
behaviour at workplace
(89/391/EEG)

Flemish Indoor Air
Decree (2004; update
2018)

Royal Decree on ceiling limits of
emissions from construction
materials (2014)

Flemish 'Housing'
Code (1997)
"Wooncode"

FLEMISH INDOOR AIR DECREE : SOME HISTORY



Decree Preventive
Healthcare (21 NOV 2003)

*Published in Belgian Statute Book 7 SEPT 2018;
Enters into force 17 SEPTEMBER 2018*

11 JUNE 2004: Decision of
the Flemish Government:
measures to lower health
risks from indoor air
pollution



13 JULY 2018 : Decision of
the Flemish Government for
modifications of various
aspects of the measures to
lower health risks from
indoor air pollution

Modification ?

- **list of chemical compounds**
- **values of target values (TV) and intervention values (IV)**
- **implications of exceedances IV**
- **Source control**

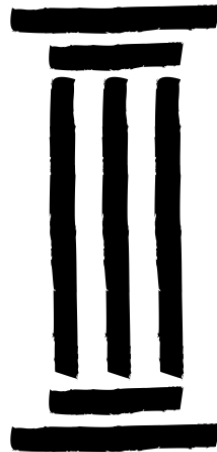
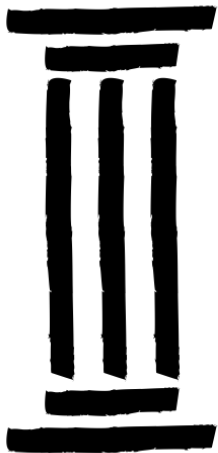
FLEMISH INDOOR AIR DECREE

SCOPE: DWELLINGS AND PUBLICLY ACCESSIBLE BUILDINGS (PAB)

**awareness &
information**

**examination
of dwellings /
PAB**

**target and
intervention
values**



General public:

campaigns in media, social media,
websites

Awareness
and
information

Woon Gezond
Samen naar een rookvrij huis!



Local actors

environmental services of
municipalities, (para) medici, social
housing companies, etc.

trigger: health complaints

Dwellings:
Citizens

Doctors, home nursing, social
housing agencies, local
environmental services

examination
of dwelling /
PAB

Local medical
environmental team:

- 1) visual examination of
dwelling/ PAB
- 2) [Measurements IAQ]

~ advice →
remediation

Gemeentevrije aanvraag tot onderzoek van het binnenmilieu

Naam: _____ Adres: _____ Telefoon: _____ E-mail: _____

Waarom doet u dit? (Markeren met een vinkje)

☐ Schimmel (mold) ☐ Radon ☐ Luchtvervuiling (air pollution) ☐ Geluid (noise) ☐ Overlast (nuisance) ☐ Overlast van buren (neighbourhood nuisance) ☐ Overlast van dieren (animal nuisance) ☐ Overlast van planten (plant nuisance) ☐ Overlast van water (water nuisance) ☐ Overlast van licht (light nuisance) ☐ Overlast van warmte (heat nuisance) ☐ Overlast van koude (cold nuisance) ☐ Overlast van vocht (moisture nuisance) ☐ Overlast van stof (dust nuisance) ☐ Overlast van rook (smoke nuisance) ☐ Overlast van geur (odor nuisance) ☐ Overlast van trillingen (vibration nuisance) ☐ Overlast van andere (other nuisance)

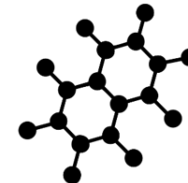
Wat de gemeente kan doen:

Wat de gemeente kan niet doen:

Overstuur naar de gemeente van de gemeente:

Overstuur naar de gemeente van de gemeente:

Overstuur naar de gemeente van de gemeente:



TARGET AND INTERVENTION VALUES



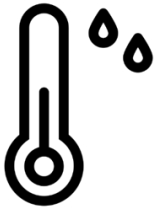
3. Target and intervention values

- **Target value (TV)** : measurable concentration of a chemical, physical or biotic factor in the indoor environment corresponding to a quality level which **should be achieved as much as possible**. For chemical factors, this level corresponds to a concentration where we do not expect negative impact on health of the occupants the indoor environment
- **Intervention value (IV)**: measurable concentration of a chemical, physical or biotic factor in the indoor environment requiring a **remediation action** because the concentrations might provoke a **health** risk for the occupants of the indoor environment

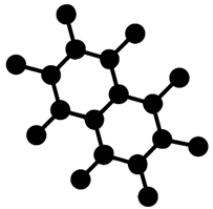
TARGET AND INTERVENTION VALUES



Biotic factors: moulds and vermin



Physical factors: low frequent electromagnetic radiation, temperature, draft, moisture content



22 chemical (groups) and PM

TARGET AND INTERVENTION VALUES : CHEMICALS

Formaldehyde
Acetaldehyde
<i>C₄-C₁₁ aldehydes</i>
Benzene
Styrene
Toluene
<i>C₉-C₁₄ alkanes</i>
<i>2-ethylhexanol</i>
<i>Naftaleen</i>
<i>Benzo(a)pyreen</i>
Tertrachloorethyleen
Trichloorethyleen
Total VOC

Asbestos (mixtures)
<i>Asbestos chrysotile</i>
<i>Asbestos amphibole</i>
<i>Metallic Hg</i>
PM2,5
NO ₂
Ozon
<i>Nicotine</i>
Carbon monoxide

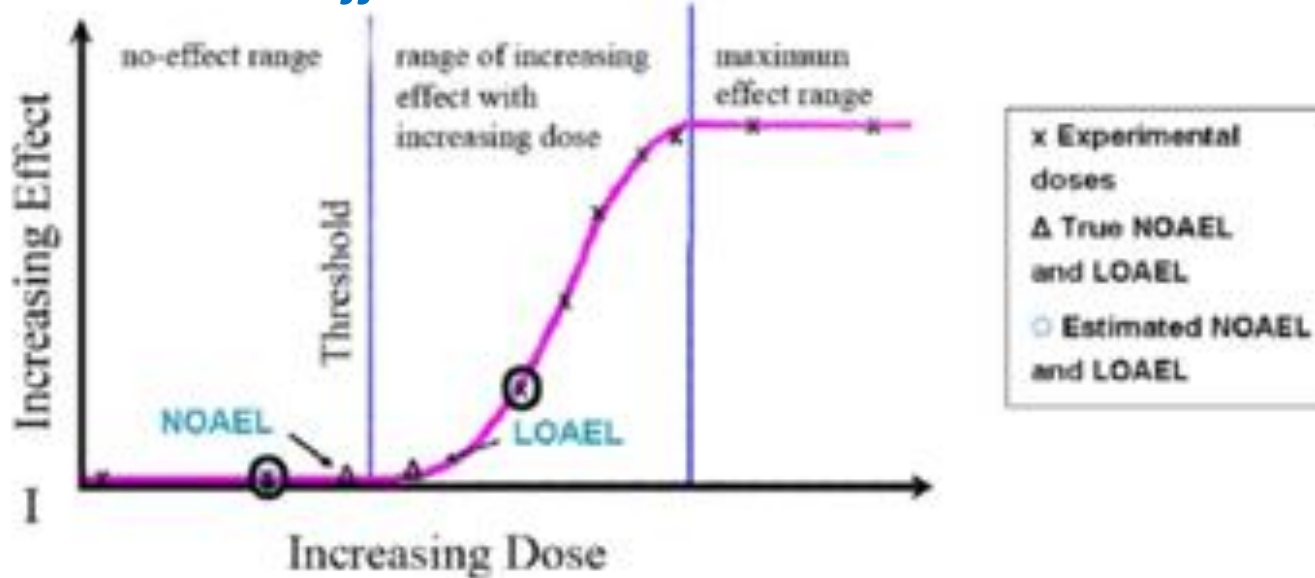
***New in 2018 Flemish Indoor
Air Decree***

SETTING TARGET AND INTERVENTION VALUES FOR CHEMICALS: APPROACH

- Chronic exposure
- Based on existing health based guidelines and reference values for inhalation exposure (WHO, US EPA, ATSDR, Health Canada, ANSES, German IAQ RW, etc)
- Selection: based on a critical review of existing health based reference values (choice of pivotal study, assessment factors, applicable for indoor, etc)
- Threshold effects and carcinogenicity (for non-threshold carcinogenic substances: unit risk approach)
- Starting point : target value (NOAEL) → intervention value
(preference for key studies with NOAEL)
- Target and intervention value: based on same key study

SETTING TARGET AND INTERVENTION VALUES FOR CHEMICALS: APPROACH

A . Threshold effects



Target Value =

$$\text{NOAEL} \times \text{AF}_1 \times \text{AF}_2 \times \dots \times \text{AF}_N$$

Intervention value =

$$\text{LOAEL} \times \text{AF}_1 \times \text{AF}_2 \times \dots \times \text{AF}_N$$

AF: Assessment Factor 1 → n:
Exposure duration, study length,
intraspecies, interspecies, quality of data,....

TARGET AND INTERVENTION VALUES FOR CHEMICALS: APPROACH

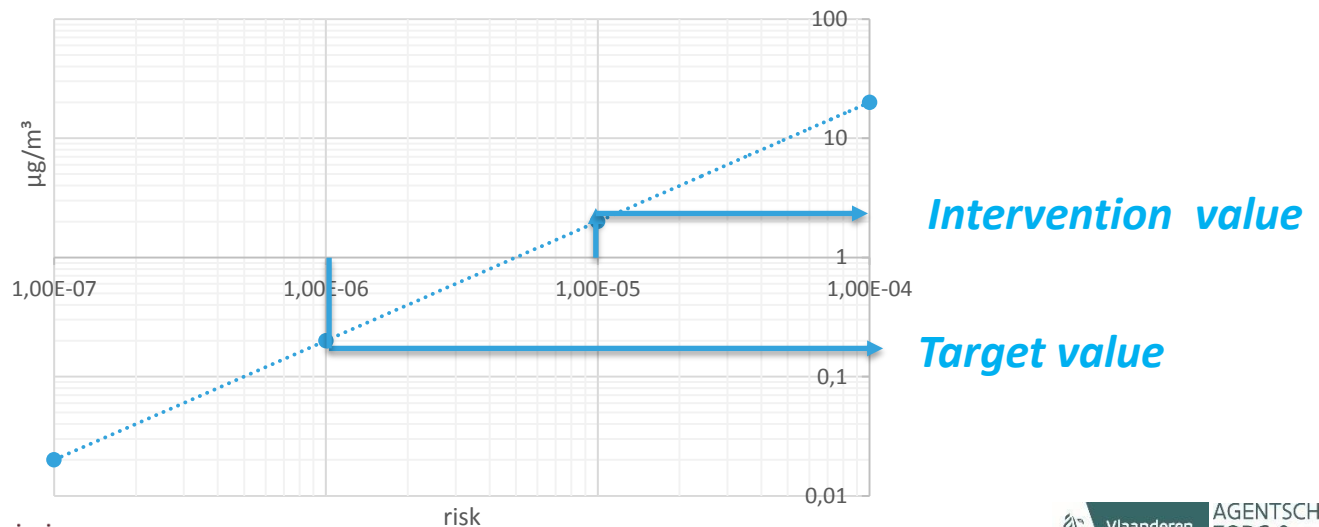
B. non-threshold effect (carcinogenic substances : inhalation unit risk approach)

Target Value =

IA concentration corresponding to a risk of 1 per 10^{-6} (lifelong exposure)

Intervention Value =

IA concentration corresponding to a risk of 1 per 10^{-5} (lifelong exposure)



TARGET AND INTERVENTION VALUES FOR CHEMICALS: APPROACH

A. Threshold effects	[B. Carcinogenic non-threshold IUR approach]
Target value (~ NOAEL)	Target value ($1 \cdot 10^{-6}$)
Intervention value (~ LOAEL)	Intervention value ($1 \cdot 10^{-5}$)

$A < B \rightarrow$ target/intervention value A selected

$B < A \rightarrow$ target/intervention value B selected

TARGET AND INTERVENTION VALUES: EXAMPLES

trichloroethylene

A . Threshold effects

Agency	Name	Value
EU risk assessment (ECB, 2004)	NOAEL	100 ppm
ATSDR (1997)	MRL, intermediate	0,1 ppm (537 $\mu\text{g}/\text{m}^3$)
ATSDR (2014) draft	MRL, chronic	0, 0004 ppm (2 $\mu\text{g}/\text{m}^3$)
US EPA (2011)	RfC, chronic	2,3 $\mu\text{g}/\text{m}^3$
Cal EPA (OEHHA, 2008)	REL, chronic	600 $\mu\text{g}/\text{m}^3$
ANSES (2009)	Intermediate VGAI (14 days – 1 year)	800 $\mu\text{g}/\text{m}^3$

Critical endpoints: effects kidney, liver, neurological and immunological effects

Pivotal study: Keil et al., 2009 (thyroid weight); oral study – rats

TARGET AND INTERVENTION VALUES: EXAMPLES

trichloroethylene

B . Non-threshold effects

IARC Group 1 Carcinogenic to humans

Agency	Name	Value
WHO (2010)	Unit risk	$4,3 \times 10^{-7}$ per $\mu\text{g}/\text{m}^3$
US EPA (2011)	Unit risk	4×10^{-6} per $\mu\text{g}/\text{m}^3$
ANSES (2009)	Unit risk	$4,3 \times 10^{-7}$ per $\mu\text{g}/\text{m}^3$
CAL EPA (OEHHA, 2011)	Unit risk	$2,0 \times 10^{-6}$ per $\mu\text{g}/\text{m}^3$

Kidney cancer; US EPA (2011) based on workers study of Charbotel et al. (2006)

TARGET AND INTERVENTION VALUES: EXAMPLES

trichloroethylene

A. Threshold effects

target value ($\sim$ NOAEL) :
 $2,3 \mu\text{g}/\text{m}^3$ ~

Intervention value ($\sim$ LOAEL):
 $2,3 \mu\text{g}/\text{m}^3 * \text{LOAEL}/\text{NOAEL}$

B. Carcinogenic non-threshold IUR approach

Target value ($\sim 1 \cdot 10^{-6}$) :
 $0,2 \mu\text{g}/\text{m}^3$ ~

Intervention value ($\sim 1 \cdot 10^{-5}$):
 $2,5 \mu\text{g}/\text{m}^3$



Flemish IAQ Decree (2004):
Target value trichloroethylene: $200 \mu\text{g}/\text{m}^3$

TARGET AND INTERVENTION VALUES: EXAMPLES

Metallic Mercury (Hg^0) vapours

A. threshold effects

Agency	Name	value
WHO (2000)	Air Quality Guideline (AQG)	1 $\mu\text{g}/\text{m}^3$
EPA IRIS (1995)	Reference Concentration (RfC)	0,3 $\mu\text{g}/\text{m}^3$
ATSDR (1999)	Minimal Risk Level (MRL)	0,2 $\mu\text{g}/\text{m}^3$ (chronisch)
OEHHA (2008)	Reference Exposure Level (REL)	0,03 $\mu\text{g}/\text{m}^3$ (chronisch)
RIVM (2015)	Maximaal Toelaatbaar Risiconiveau lucht ($\text{MTR}_{\text{lucht}}$)	0,05 $\mu\text{g}/\text{m}^3$
UBA (1999)	Richtwerte (RW) I en II	RW I = 0,035 $\mu\text{g}/\text{m}^3$ RW II = 0,35 $\mu\text{g}/\text{m}^3$

TARGET AND INTERVENTION VALUES: EXAMPLES

Metallic Mercury (Hg⁰) vapours

A. threshold effects

Agency	LOAEL (LOAEL _{adj}) (µg/m ³)	Assessment factors
EPA IRIS (1995)	25 (9)	use of LOAEL instead of NOAEL : 10
		Intraspecies/sensitive groups: $\sqrt{10}$
		lack of data: 3
		Total: 30
ATSDR (1999)	26 (6,2)	Use of LOAEL instead of NOAEL: 3
		Intraspecies/sensitive groups: 10
		Total: 30
Umweltbundesamt (1999)	35 (7)	RW II → RW I: 10
		Intraspecies/sensitive groups: 10 and 2
		Total: 200
WHO (2000)	(15-30)	Use of LOAEL instead of NOAEL: 2
		Intraspecies/sensitive groups: 10
		Totaal: 20
OEHHA (2008)	25 (9)	use of LOAEL instead of NOAEL : 10
		Intraspecies/sensitive groups: $\sqrt{10}$ en 10
		Total: 300
RIVM (2015)	25 (6,0)	use of LOAEL instead of NOAEL : 10
		Intraspecies/sensitive groups: 10
		Total: 100

TARGET AND INTERVENTION VALUES: EXAMPLES

Metallic Mercury (Hg^0) vapours

- Target value = **0,05 $\mu\text{g}/\text{m}^3$**
- Intervention value = LOAEL x TAF
- Factor 10 used as AF 'use of LOAEL instead of NOAEL' by lack of NOAEL in critical study

→ Intervention value = LOAEL/NOAEL x target value

→ **Intervention value** = $10 \times 0,0595 \mu\text{g}/\text{m}^3$
→ (not rounded target value)
= 0,6 $\mu\text{g}/\text{m}^3$

B. non- threshold effects: not relevant

TARGET AND INTERVENTION VALUES: EXAMPLES

Acetaldehyde

A . Threshold effects

Agency	Name	Value
EPA IRIS (1991)	Reference Concentration (RfC)	9 µg/m ³
OEHHA (2008)	Reference Exposure Level (REL)	Chronisch: 140 µg/m ³ 8-uur: 300 µg/m ³ Acuut: 470 µg/m ³
Health Canada (2004)	Tolerable Concentration (TC) inhalation	390 µg/m ³
Umweltbundesamt (2013)	Richtwerte (RW)	RW II= 1000 µg/m ³ RW I = 100 µg/m ³
Anses (2014)	Valeurs Guides de qualité d'air intérieur (VGAi)	Long term: 160 µg/m ³ (year) Short term : 3000 µg/m ³ (1 hour)

Pivotal study (Dorman et al., 2008) – subchronic inhalation exposure rats; irritation

TARGET AND INTERVENTION VALUES: EXAMPLES

Acetaldehyde

B . Non threshold effects

- IARC group 2B (possibly carcinogenic to humans)
- IUR EPA (1991); OEHHA (1993) and Health Canada (2004): unit risk based on nasal tumors in rats
- ANSES (2014), UBA (2013), INDEX project (JRC, 2005) consider tumor formation triggered by long lasting irritation of nasal epithelium
 - prevention of damage to nasal epithelium: protective for tumor formation
 - target value based on threshold effects → also protective for tumor ~ acetaldehyde exposure

Conclusion

- **Target value = $160 \mu\text{g}/\text{m}^3$** (based on ANSES, 2014)
- NOAEL = $90 \text{ mg}/\text{m}^3$; LOAEL = $280 \text{ mg}/\text{m}^3$ (Dorman et al, 2008)
- **Intervention value** = target value $\times \frac{\text{LOAEL}}{\text{NOAEL}} = 480 \mu\text{g}/\text{m}^3$



Flemish IAQ
Decree
(2004):
Target value
acetaldehyde:
 $4600 \mu\text{g}/\text{m}^3$

TARGET AND INTERVENTION VALUES FOR CHEMICALS: SOME DEVIATIONS FROM APPROACH

- TVOC:

- complex and diverse mixture
- lack of a toxicological or epidemiological based guidance value for TVOC as a group
- TVOC measurements as screening (no quantification of compound) → important
- Flemish target and intervention values based on TVOC classes (UBA, 2007)

- Nicotine:

- passive smoking
- no safe levels;
- target value based on pragmatic approach: $< 0,1 \mu\text{g}/\text{m}^3$ (rooms without ETS)

SUMMARY: TARGET AND INTERVENTION VALUES

	Target value	Intervention value
Formaldehyde		100 µg/m ³
Acetaldehyde	160 µg/m ³	480 µg/m ³
C ₄ -C ₁₁ aldehydes	650 µg/m ³	1600 µg/m ³
Benzene		0,4 µg/m ³ *
Styrene	260 µg/m ³	2500 µg/m ³
Toluene	5000 µg/m ³	14 000 µg/m ³
C ₉ -C ₁₄ alkanes	250 µg/m ³	490 µg/m ³
2-ethylhexanol	100 µg/m ³	810 µg/m ³
Naftaleen	3 µg/m ³	31 µg/m ³
Benzo(a)pyreen (indicator for PAHs)	0,012 ng/m ³	0,1 ng/m ³
Tertrachloorethyleen	4 µg/m ³	38 µg/m ³
Trichloorethyleen	0,2 µg/m ³	2,5 µg/m ³
Total VOC	300 µg/m ³	1000 µg/m ³

SUMMARY: TARGET AND INTERVENTION VALUES

	Target value	Intervention value
Asbestos chrysotile	28 fibres/m ³	280 fibres/m ³
Asbestos amphibole	3 fibres/m ³	30 fibres/m ³
Metallic Hg (vapour)	0,05 µg/m ³	0,6 µg/m ³
PM2,5	10 µg/m ³	
NO ₂	20 µg/m ³	40 µg/m ³
Ozon	40 µg/m ³	78 µg/m ³
Nicotine	0,1 µg/m ³	
Carbon monoxide		8 mg/m ³

OUTLOOK

- Enforcement (17th September 2018)
- future: consider additional substances, update values

MORE INFORMATION:

<https://codex.vlaanderen.be/Portals/Codex/documenten/1013487.html>

<https://www.zorg-en-gezondheid.be/passief-roken-erkend-als-gezondheidsrisico-in-huis>

 <https://esites.vito.be/sites/IndoorAirQuality/NL/home/Pages/home.aspx>